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## **Bloodborne Pathogens Training: Preventing Disease Transmission**

### **Purpose**

To teach employees how bloodborne pathogens are spread; how to help prevent exposure incidents by following work practice controls, using engineering controls and personal protective equipment, practicing good personal hygiene and properly cleaning and disinfecting equipment and supplies; and how to recognize, report and follow up on employee exposures to infectious materials.

### **Prerequisites**

None

### **Learning Objectives**

- Describe how infections occur.
- Identify how bloodborne pathogens are spread.
- Identify tasks that have a potential for exposure to infectious materials.
- Recognize the importance of hand washing and personal hygiene in reducing the risk of disease transmission.
- Recognize the importance of personal protective equipment and understand the types of equipment available for use.
- Identify engineering and work practice controls.
- Identify biohazard signs and labels.
- Describe the emergency procedures for exposure incidents involving potentially infectious materials.

### **Length**

Approximately 2 hours

### **Instructor**

Currently certified Bloodborne Pathogens Training, Lifeguarding or Emergency Medical Response instructor and instructor trainers

### **Certification Requirement**

Participants must attend the entire Bloodborne Pathogens Training: Preventing Disease Transmission course to receive a completion certificate.

### **Certificate Issued and Validity Period**

Bloodborne Pathogens Training: Preventing Disease Transmission: 1 year

### **Participant Products/Materials (available in e-book and print formats)**

- Preventing the Spread of Bloodborne Pathogens Fact and Skill Sheets (Available only from download on Instructor's Corner)
- *American Red Cross Lifeguarding Participant's Manual*